

## **Information Sheet: Level 3 Certificate in Counselling Studies**

### **Introduction**

This course has been developed by a leading sexual violence organisation. New Pathways has over 25 years of experience of counselling adults and children affected by sexual abuse and of delivering training on sexual violence and on working with trauma. This course is suitable for people who have an interest in improving their helping and listening skills, and developing their self-awareness, whether in the workplace or in their own lives. It is also the second step towards training as a professional counsellor. This may lead on to additional qualifications, such as a Level 4 Certificate in Counselling. Alternatively, it may be an opportunity for learners to develop their knowledge, skills and experience.

### **Development**

This course was developed in order to build on basic counselling skills developed at Level 2, which New Pathways launched last year to meet the hitherto unmet demand for a course at this level in the South Wales and Mid Wales areas. The content and materials have been developed by experienced, local, practising counsellors who have additional qualifications in teaching and assessing.

### **Validation**

This Certificate is pending validation by CPCAB (Counselling & Psychotherapy Central Awarding Body) and has a credit value of 20. CPCAB is a UK awarding body that is managed by professional counsellors, trainers and supervisors. Operating for 25 years, they are the only awarding body in Europe to specialise in the field of counselling.

### **Teaching**

The certificate is taught by tutors who are both practising counsellors and qualified teachers, with experience of teaching counselling to adults locally.

### **Content**

The course will build on the counselling skills introduced in Level 2 and aims to ensure candidates have a broad theoretical understanding whilst also developing practical counselling skills. The weekly sessions will be varied but generally will include both a theory/knowledge-based presentation and discussion or a session which focuses on skills and professional considerations. There will also be regular counselling practice with time for feedback and reflection. In addition, there will also be a new group supervision component and case studies, not present in the Level 2 curriculum.

### **Assessment**

A variety of assessment methods will be used throughout the course including:

- Assignments
- Candidate portfolio, referenced against learning outcomes

- Satisfactory tutor observation / report
- Final external examination

Candidates must successfully complete all assessment requirements in order to successfully complete the course.

### **Aberystwyth course**

The course is remotely delivered via Zoom, with three day-long sessions in Canolfan Helygen in Aberystwyth town centre. This is accessible by public transport.

### **Days and Times**

Start Date: 1<sup>st</sup> October 2020.

Thursdays from 9.30am – 12.30pm, except the last session of each term, which will run from 9.30-3.30 in person at Canolfan Helygen.

Term dates will be as follows:

Term	Dates	Half-term
Autumn 2021	7/10/2021- 9/12/2021	28/10/21
Spring 2022	6/1/2022 – 10/3/2022	24/2/22
Summer 2022	28/4/ 22- 30/6/22	2/6/22

### **Newport course**

The course is remotely delivered via Zoom, with three day-long sessions in our Newport office, Maple Tree Centre, 20-21 High Street, Newport, NP20 1FW.

### **Days and Times**

Start Date: 6<sup>th</sup> October 2021, 6-9pm, except for the termly workshop, which will run from 10.30-4.30 in person at our Newport office.

Term dates will be as follows:

Term	Dates	Half term dates	Workshop
Autumn 2021	6/10/21-1/12/21	27/10/21	Saturday 20/11/21
Spring 2022	5/1/22- 2/3/22	23/2/22	Saturday 5/3/22
Summer2022	27/4/ 22- 22/6/22	1/6/22	Saturday 25/6/22

## **Entry Requirements**

Candidates must have a basic level of IT literacy in order to complete the final assessment, and will need access to a computer and a good internet connection.

Candidates should have completed the CPCAB Level 2 Certificate in Counselling Skills. Applications for Level 3 may be considered from applicants who do not possess the CPCAB CSKL2 qualification, provided that they can provide documentary evidence that they have had a minimum of 75 taught hours of training at Level 2 or above in counselling skills from a reputable provider. Evidence of other qualifications, for example a BA in Psychology, will not suffice without specific counselling training. Applicants may wish to visit the CPCAB website for more information.

Candidates

In order to apply for this qualification completed application forms should be returned to:

[training@newpathways.org.uk](mailto:training@newpathways.org.uk)

## **Course fees**

The expected course fees for 2021/2 are £799. The fees are payable at the beginning of the course. Candidates may opt to pay in termly instalments. Further details of amounts and dates that instalments are due will be made available when offers of places are confirmed. This price includes the charge of £171 for CPCAB registration.

## **Application Process**

For an application form, or for further information, consult the New Pathways website training page or email: **training@newpathways.org.uk**

Completed application forms should be returned to: **training@newpathways.org.uk**

Applications are to be received by 12pm on 30<sup>th</sup> June 2021