

## **Information Sheet: Level 2 Certificate in Counselling Skills**

### **Introduction**

This course has been developed by a leading sexual violence organisation. New Pathways has over 25 years of experience of counselling adults and children affected by sexual abuse and of delivering training on sexual violence and on working with trauma. This course is suitable for people who have an interest in improving their helping and listening skills, whether in the workplace or in their own lives. It is also the first step towards training as a professional counsellor. This may lead on to additional qualifications, such as a Level 3 Certificate in Counselling. Alternatively, it may be an opportunity for learners to develop their knowledge, skills and experience.

### **Development**

This course was developed in order to provide an introduction to counselling skills in Wales to meet the demand for this training. The content and materials have been developed by experienced, local, practising counsellors who have additional qualifications in training and assessing.

### **Validation**

This Certificate is validated by CPCAB (Counselling & Psychotherapy Central Awarding Body) and has a credit value of 17. CPCAB is a UK awarding body that is managed by professional counsellors, trainers and supervisors. Operating for 25 years, they are the only awarding body in Europe to specialise in the field of counselling.

### **Teaching**

The certificate is taught by tutors with a wealth of experience in counselling and training.

### **Content**

The course will form an introduction to counselling and aims to ensure candidates have a basic theoretical understanding whilst also developing practical counselling skills. The weekly sessions will be varied but generally will include both a theory/ knowledge-based presentation and discussion or a session which focuses on skills and professional considerations. There will also be regular counselling practise with time for feedback and reflection.

### **Assessment**

A variety of assessment methods will be used throughout the course including:

- Assignment.
- Candidate portfolio, referenced against learning outcomes.
- Satisfactory tutor observation / report.
- Final external examination.

Candidates must successfully complete all assessment requirements in order to successfully complete the course.

### Location

#### Dates of sessions

**Term dates will be as follows: Aberystwyth: Canolfon Helygen. 46, Darkgate Street Aberystwyth, SY23 1DE.**

<b>Autumn:</b> 21.09.2021- 23.11.21.	Half term- 27.10.21
<b>Spring:</b> 4.1.22-8.3.2021.	Half Term- 23.2.22
<b>Summer:</b> 26.4.22-28.6.2021.	Half Term- 1.6.22

Term One	All day Workshop – 9 <sup>th</sup> October 2021.
Term Two	All day Workshop –5 <sup>th</sup> February 2022.
Term Three	All day Workshop –7 <sup>th</sup> May 2022

#### Dates of sessions

**Term dates will be as follows: Swansea from at Beech Tree Centre unit 3, Langdon Road Swansea, SA1 8QT.**

Autumn: 22.09.21-24.11.2021	Half Term- 28.10.21
Spring: 5.1.22-9.3.2021	Half Term-24.2.22
Summer: 27.4.2022 -29.6.2022	Half Term-2.6.22

Term One	All day workshop –20 <sup>th</sup> November 2021.
Term Two	All day workshop –12 <sup>th</sup> February 2022.
Term Three	All day workshop–14 <sup>th</sup> May 2022.

### Dates of sessions

**Term days will be as follows: Newport at Maple Tree Centre, 20-21 High Street, Newport, NP20 1FW**

Autumn: 23.9.21-25-11-21	Half Term- 28.10.21
Spring: 6.1.22-10.3. .22	Half Term-24.2.22
Summer: 28.4.2022-30.6.2021.	Half Term-2.6.22

Term One	All day workshop – 27 <sup>th</sup> November 2021.
Term Two	All day workshop- 19 <sup>th</sup> February 2022.
Term Three	All day workshop–21 <sup>st</sup> May 2022.

### Days and Times

**Aberystwyth** Start Date: 21<sup>st</sup> September 2021.

Time: Tuesdays from 5.30pm – 8.30pm

**Swansea** Start Date: 22<sup>nd</sup> September 2021.

Time: Wednesdays from 930am-12.30pm.

**Newport.** Start Date: 23<sup>rd</sup> September 2021.

Time: 5.30pm-8.30pm.

Time: Thursdays from 5.30pm-8.30pm.

### **Entry Requirements**

Candidates must have a basic level of literacy as well as IT literacy with broadband connection that supports video calling in order to complete the course.

In order to apply for this qualification completed application forms should be returned to:

[training@newpathways.org.uk](mailto:training@newpathways.org.uk)

### **Course fees**

The expected course fees for 2021/22. The fees are: Level 2: £699.00 inclusive of CPCAB registration. These are able to be paid termly and need to be paid in full by the end of the course.

### **Application Process**

For an application form, or for further information, email: **training@newpathways.org.uk**

Completed application forms and copies of certificates should be returned to:  
**training@newpathways.org.uk**